

Rush Mothers' Milk Club Breastfeeding Peer Counselor 4 day training course

Who can become a breastfeeding peer counselor?

Mothers, Fathers, Students, health care workers, anyone with a desire to learn more about lactation and support of mothers and babies in the hospital setting

4 Day Course highlights:

- The latest research and evidence, includes basic education as well as solutions to lactation challenges of hospitalized mothers and infants
- learn our unique proactive lactation techniques to help avoid common problems
- expert level guest speakers
- communication, documentation, privacy and professionalism in the hospital setting
- daily discussion and real life scenarios
- Evidence based lactation talking points used to encourage and support families

Completion and course certificate frequently used as a springboard for an entry level lactation role in a hospital setting

- ❖ Course fee: \$500.00
- ❖ Rush employees - utilize reimbursement via LEAP funds
- ❖ FREE for former RUSH NICU parents
- ❖ Course Location: Rush University Medical Center, 8th floor tower, NICU conf. room
- ❖ Course length: 4 days in class, with homework and at home study required

Course Overview		
Friday Oct. 26 th	10:00am-4:00pm	Guest speaker Paula Meier RN, PhD, FAAN, observation of Mothers' Milk Club
Tuesday Oct. 30 th	10:00am-4:00pm	Guest speaker Beverly Rossman, RN, PhD
Tuesday Nov. 6 th	<i>Shorter schedule for time to vote</i> 10:30am-3:00pm	Guest speakers Kristie Kady RN, IBCLC, and Judy Janes RN, IBCLC
Friday Nov. 16 th	9:30am—2:00pm	final exam and graduation, families invited

If you have questions or would like an application, please email: Katie McGee, RN, IBCLC (312) 947-8835 Project Manager for the Rush Mothers' Milk Club



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